



Financial Wellness Roadmap



The State of Maine has numerous benefits available to employees to help them on their financial wellness journeys!

MaineSaves457

You can save additional money for retirement on a pre-tax basis through [MaineSaves457](#).

Flexible Spending Account Program

Unreimbursed expenses can be paid on a pre-tax basis by using the State's [Flexible Spending Account Program](#).

Living Resources Program

As a State of Maine employee, you can contact the [Living Resources Program](#) for unlimited telephonic and online access to financial wellness resources including:

- On-staff CPAs and other financial experts
- Network of certified financial planners
- User-friendly online financial-planning tools
- Online video presentations by experts
- Recommended books and articles

FAME Financial Wellness

Learn more about managing your finances and improving your financial health with resources provided by the [Finance Authority of Maine](#).

Independent Labs and Imaging Centers

You could save money by using an [independent lab](#) and [imaging center](#).

Health Premium Credit Program

You can receive up to a 5% discount on your individual health insurance premium by meeting the requirements of the [Health Premium Credit Program](#).

